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Otto Kernberg | 7a8f592b40e63e64156e94275d731802

The concept of a "directing object" is based on extensive clinical observations linked to a combination of ego psychology and object relations theory in the tradition of Otto Kernberg and Anne Marie and Joseph Sandler. People with a phobic disposition are those who were not, during childhood, permitted to learn by trial and error and thus gain confidence in their actions. They did not learn to direct their own actions and did not develop confidence in their capability to act successfully. In their inner world, they did not establish an internal directing object. Thus, they now need an external directing object, who watches over them. This has considerable influence on interpersonal relationships and on work. Phobic persons can work without difficulty when there is an external directing object, but then, to work without a therapist as a companion, they use their therapist as a directing object, which can create the illusion that the phobic patient is already much better. However the patient will fall back into phobic symptomatology when the therapist is no longer available as a directing object. Applying the concept of a directing object helps to understand a phobic person's psychodynamics. This will improve the results of therapy, and also help phobic persons to compensate difficulties arising from the lack of a companion, and deal with difficulties in finding and keeping one. Therapy can help them to develop their own internal directing object.

The crimes of Charles Manson, Ted Bundy, Jeffrey Dahmer, John Wayne Gacy, Dennis Rader, and other high-profile killers are so breathtakingly awful that most people would not hesitate to label them evil. In this groundbreaking book, renowned expert Michael H. Stone, MD, uses his clinical experience to explore the concept of evil. He examines the personality traits and behaviors that define evil, including megalomaniacal self-aggrandizement, a sense of entitlement, and an entitlement to personal safety. He describes how these traits have been expressed throughout history and across cultures, from the ancient Greeks to contemporary mass murderers. Stone presents a scientific approach to understanding evil, backed by empirical research and clinical observation. He discusses the psychological mechanisms that underlie evil behavior, including the role of narcissism, Machiavellianism, and psychopathy. He also examines the social and cultural factors that contribute to the development of evil behavior, such as poverty, discrimination, and a lack of empathy. Stone's work is essential for anyone interested in understanding the nature of evil and the potential for preventing future acts of evil.
problems encountered, and major suggestions for innovation in psychoanalytic education. The author’s work in this area has been hugely influential. Kernberg has made a substantive difference in the development of psychoanalytic institutes and education, and continues to do so. Psychoanalytic Education at the Crossroads will be essential reading to anyone involved in psychoanalytic education, whether as a psychoanalyst, psychoanalytic psychotherapist, trainer, trainer, or supervisor.

In this book a leading psychoanalytic clinician and theoretician presents his thoughts on the latest psychodynamic developments and insights related to treatment of severe personality disorders. Dividing his discussions into two sections, one on psychopathology and the other on psychotherapy, Dr. Otto F. Kernberg examines borderline personality disorder, narcissism, sexual inhibition, transference and countertransference, suicidal behavior, and eating disorders. In each chapter he integrates the ideas of European and Latin American psychoanalytic thinkers, bringing them to the attention of American readers. This book includes a selectionist–speakingly published journal articles. Their collection into one volume makes readily available Dr. Kernberg’s present thinking on an important subject.

What is Donald Trump’s personality? Is he mentally ill? What in American culture and history enabled him to become president? How does his personality shape his policies and leadership? In this fascinating and highly relevant new book, these questions are answered by a selection of expert contributors, including psychoanalysts, historians, and a sociologist. Narcissism is defined and applied to Donald Trump, his personal history and style of leadership, and the relationship between Trump and his base is explored as a symptom of his needs and the needs of his followers. U.S. culture and Donald Trump are analyzed in the light of Trump’s pathology. This primer offers clinicians a way to understand and then use the transference and countertransference for deeper understanding of the patient, in this case Trump. Donald Trump’s personality is described through a transference-focused psychoanalytic lens and the book also offers extremely useful and jargon-free suggestions on how each therapist can proceed in a more effective manner.

Treating borderline patients is one of the most challenging areas in psychotherapy because of the patient’s extreme emotional communications, the strain it places on the therapist, and the danger the patient presents to himself or herself or the therapeutic relationship. Many clinicians consider this patient population difficult, if not impossible, to treat. However, in recent years dedicated experts have focused their clinical and research efforts on the borderline patient, founded treatment in working with high pressure patients. Transference-Focused Therapy (TFF) is psychodynamic treatment designed especially for borderline patients. This book provides a concise and comprehensive introduction to TFF that will be useful both to experienced clinicians and also to students of psychotherapy. TFF has its roots in object relations and it emphasizes that the transference is the key to understanding and producing change. The patient’s internal world of object representations unfolds and is lived in the transference with the therapist. The therapist listens for and makes use of the relationship that is revealed through words, silence, or, as often occurs in the case of individuals with some borderline personality disorder, acting out in subtle or not-so-subtle ways. This primer offers clinicians a way to understand and then use the transference and countertransference for change in the patient.

This book is an original and provocative contribution to the rapidly growing literature on the neglected ‘affective dimensions of modern thought.

Using psychodynamic theory and riveting case material, this book dissects the figure of the malignant narcissist leader (MNL). Across the world today, individuals and societies are impacted by unprecedented disruptive influences, from globalization and climate change to economic uncertainty and mass migration. The rise of populists and would-be saviors has promised certainty for anxious populations, but how far are such leaders suffering from the MNL pathology? Through the psychodynamic lens of Otto Kernberg, the authors explain the etiology of the charismatic MNL’s clinical features: charisma, grandiosity, criminality, sadism, and paranoia. The book outlines the limitations and complexity of diagnosis, contextualizing the MNL within the transcendental and millenarian movements, and discusses the path-dynamics of high-pressure groups and totalitarian regimes, including types of groups, methods of mind control, categories of constituents, the corporate totalitarian state, and the authoritarian demagogue. The book looks at a wide range of leaders including Trump, Reid, Silvio Berlusconi, Keith Raniere, or Leiden, and the World Economic Forum. Distinguishing the disordered personality of the MNL from other personality disorders, and presenting a new model of overlapping descriptors to categorize high-pressure group types and identifying types of followers as well, this book represents essential reading for psychodynamically minded psychologists, psychiatrists, social workers, sociologists, political scientists, and those working in organizational development.

Amy presents the case of a woman who grew up being severely sexually abused. According to Amy, “She’d be happy if she never had sex for the rest of her life.” Amy wants to be able to better help her client free herself from her victim stance and black/white thinking. Steve discusses a client he has been seeing for four months yet still feels like a stranger. Steve wonders why his client’s conflicts with his wife, which led him into therapy in the first place, don’t come up in sessions. Annie describes her work with an isolated, single man who is longing for a fully expressed sexual life, yet is caught in masochistic and fetichistic wishes. Annie has tried to help him with his extreme sexual inhibition yet feels stuck when her convictions clash with the approach of the 12-step group he attends. By viewing these and other difficult issues, you’ll get a better understanding of working with extremely challenging patients, as well as his skill as a teacher and consultant. By asking a series of wisely chosen questions, he is able to quickly hone in on key characterological aspects of the patients, as well as the dynamics of the therapist–client interactions, and then offer extremely useful and jargon-free suggestions on how each therapist can proceed in a more effective manner.

Keywords: identity diffusion, transference, countertransference, paranoia, fetishism, sexual inhibition, antisocial, sexuality, child abuse, incest, rape, Counseling, counselling, Social Work, Social Worker, Therapy, Psychotherapy, Psychotherapy.net, Therapist.---Supplied by publisher.
illustrations. The authors offer a comprehensive description of psychodynamic consultation that includes sharing the diagnostic impression, establishing treatment goals, discussing treatment options, obtaining informed consent, and establishing treatment frame. Throughout, the book emphasizes fundamental clinical principles that enable the clinician to think through clinical decisions moment-to-moment and also to develop an overall sense of the trajectory and goals of the treatment. Among the book’s takes: A takes diagnosis-driven approach, presenting a clear model of both the psychopathology and its treatment; Explores underlying theory and basic elements of DPHP for those first learning dynamic therapy; Offers an integrated, innovative synthesis of contemporary psychodynamic approaches to personality pathology and psychodynamic psychotherapy; Describes goals, strategies, tactics, and techniques of the treatment to demonstrate its flexibility over a relatively long course of treatment; Provides sophisticated discussion of integrating dynamic psychotherapy with medication management and other forms of treatment. DPHP offers a broad range of patients the opportunity to modify maladaptive personality functioning in ways that can permanently enhance their quality of life. Handbook of Transference-Focused Psychotherapy for Pathologic Personality Pathology: Psychotherapy for Pathologic Personality Pathology provides clinicians with a hands-on approach to that method, and is also useful as a primary textbook in courses focusing on the technique of dynamic psychotherapy or in courses on psychodynamics.

Transference-Focused Psychotherapy for Adolescents With Severe Personality Disorders is a manual for clinicians who wish to learn an effective psychodynamic treatment for young people with personality disorders (PDs). Despite converging evidence that PDs emerge in childhood and are clearly evident in adolescence, research on effective treatments has been limited. The editors have therefore created a book that details treatment models with strong theoretical foundations and examines systematic interventions designed to explore and resolve the conflicts and behaviors, common to PDs, that impede normal adolescent development. The book begins with an overview of psychopathology and normal adolescent development from a psychodynamic perspective. The next section offers therapeutic approaches, including a discussion of the major goals and strategies of TFP-A, the clinical evaluation and assessment process, establishment of the treatment framework and collaboration with parents, and finally, the techniques and tactics of TFP-A. The last section of the book reviews the phases of treatment and discusses the strengths and competencies a therapist must have to successfully conduct transference-based therapy. Authored by experts in the field (including Dr. Kernberg, a pioneer in object relations), Transference-Focused Psychotherapy for Adolescents (TFP-A) With Severe Personality Disorders teaches clinicians how to conduct TFP-A, with the ultimate goal of resolving the intrapsychic restrictions that interfere with normal adolescent development.

In this important book, esteemed psychoanalyst Otto F. Kernberg reviews some of the recent developments and controversies in psychoanalytic theory and technique. Gathering together both previously published articles and new, original, research material, Dr. Kernberg examines such issues as the new psychoanalytic views of homosexuality, bisexuality, and the influence of gender in the analytic relationship. He explores the application of psychoanalysis to non-clinical fields, including the problem of psychoanalytic research and its clinical implications, the validation of psychoanalytic interventions in the clinical process, and the challenges of psychoanalytic education. He shows how psychoanalysis can be helpful in addressing such cultural problems as socially sanctioned violence. And he asserts the continued relevance of object relations theory and its compatibility with Freud’s dual drive theory.

Training in psychoanalysis is a long and demanding process. However, the quality of education available is hugely variable across the world. The structure of psychoanalytic education, centered on the hierarchical “training analysis” system, has come under attack. In this important and controversial effort to maintain a stable and high quality educational process. However, throughout this system has become a major source of institutional contradictions that affect the training of candidates, the scientific developments within psychoanalysis, and the nexus of psychoanalytic theory and practice with the surrounding scientific, social and cultural world. Psychoanalytic Education at the Crossroads examines the ways in which group processes, the hierarchical culture in institutes, the influence of individual personalities, the lack of research and the faults in supervision can all stifle creativity and hinder candidates’ progress. In this compelling work, Otto Kernberg sets out clear suggestions for how these issues can be addressed, and how he sees the future of psychoanalytic education across all psychoanalytic settings and schools of thought. The first part of this volume is focused primarily on the analysis of the nature of these problems and their effects on the personal analysis and supervision of candidates; on theoretical, seminaries, clinical, and educational requirements, developments of theory and technique and, in particular, limitation versus expansion of the realm of interests and applications of psychoanalysis. The second part of this volume deals with proposals of solutions to the problems encountered, and major suggestions for innovation in psychoanalytic education. The author’s work in this area has been influential. Kernberg has made a substantive difference in the development of psychoanalytic institutes and education, and continues to do so. Psychoanalytic Education at the Crossroads will be essential reading to anyone involved in psychoanalytic education, whether as a psychoanalyst, psychoanalytic psychotherapist, trainee, trainer, or supervisor.

This book includes the work of 22 contributing writers in addition to the three primary authors, John F. Clarkin, Ph.D., Peter Fonagy, Ph.D., and Glen O. Gabbard, M.D. Each contributor has extensive clinical experience, and some also have research experience, with the assessment and treatment of specific personality disorders.

Combining clinical diagnostic observations, advances in treatment, and empirical evidence, Disorders of Narcissism provides a comprehensive overview of psychotherapy with narcissistic disorders. The book probes such important subjects as transference and countertransference, the self-psychological perspective, an object-relations approach, and the treatment of narcissistic disorders in group and couples therapy.

Object Relations Theory and Clinical Psychoanalysis is a collection of Kernberg’s papers published or presented during the period from 1966 to 1975, with some new material included as well.

Over the years, DBT had saved the lives of countless people fighting depression and suicidal thoughts, but Linehan had never revealed that her pioneering work was inspired by her own desperate struggles as a young woman. Only when she received this question did she finally decide to tell her story. In this remarkable and inspiring memoir, Linehan describes how, when she was eighteen years old, she began an abrupt downward spiral from popular teenager to suicidal young woman. After several miserable years in a psychiatric institute, Linehan made a vow that if she could get out of there, she would try to build a life out of hell too. She went on to put herself through night school and college, living at a YWCA and often scraping together spare change to buy food. She went on to get her PhD in psychology, specializing in behavior therapy. In the 1980s, she achieved a breakthrough when she developed Dialectical Behavioral Therapy, a therapeutic approach that combines acceptance of the self and change. Linehan’s transformation in the treatment of chronic mental illness and specific life-skill techniques. She says, “You can’t think yourself into new ways of acting; you can only act yourself into new ways of thinking.”

Internationally renowned psychoanalytic theorist and clinician Dr. Otto Kernberg here examines the success and failure of sexual love in couples, from adolescence to old age. Dr. Kernberg considers both “normal” and pathological...
relationships, including the role of narcissism, masochism, and aggression in each. The result expands the boundaries of our current understanding of love relations.

First Published in 2010. Routledge is an imprint of Taylor & Francis, an informa company.

A psychoanalytic clinician and theoretician of world renown, Dr. Otto Kernberg shows how the interplay of libidinal and aggressive impulses and their interactions with the individual and the social environment occur at the level of the group and the social organization. He sheds new light on the turbulent nature of human interactions in groups and suggests how this understanding may help to resolve conflicts at the group and institutional levels.

A basic text for the understanding of patients with pathological narcissism.


This is the best single account of the psychoanalysis of creativity, pseudo-creativity and the perverse mind. The author explores art, film and literature to show the relations between true creativity and the artful universe of the pervert.

If you think psychoanalytic theories and techniques are dated or even irrelevant, you'll be in for a surprise with these videos. Kernberg, now in his 80s, shows how psychoanalysis has evolved. In both of these videos makes a strong case for psychoanalysis.

Borderline conditions are a growing presence in the treatment room, yet they are uncommonly resistant to treatment. Dr. Kernberg and his colleagues have already articulated the modality they call Transference-Focused Psychotherapy. Now, in an unusually textured elaboration, they confront the complications that limit treatability -- to existing psychopathologies, early trauma/dissociation, problems endemic to the therapeutic situation (attachment disturbances, erotic transfers) -- and bring new rounds of clinical ammunition to meet those challenges.

In the first book to argue that neurotic, psychotic, and borderline personality disorders can be identified, diagnosed, and treated even in the young, a renowned child psychiatrist marshals her developmental perspective and adduces clinical evidence to support it. Kernberg and her colleagues elucidate assessment criteria and advance therapeutic approaches for each disorder.

In this important book, one of the world's foremost psychoanalysts provides the clinician with tools to diagnose and treat severe cases of personality disorder, including borderline and narcissistic structures. Dr. Kernberg not only describes techniques he has found useful in clinical practice but also further develops theories formulated in his previous work and critically reviews other recent contributions. "A splendid book... of great value for anyone involved in psychotherapy with patients suffering from one or another variety of personality disorder, as well as for anyone who is teaching or doing research in this field... An outstandingly fine and valuable book."--Harold F. Searles, M.D., Journal of Nervous and Mental Disease "Kernberg is a synthesizing, creative eclectic on the contemporary psychoanalytic scene, broadly based in theory and in practice, a powerful intelligence, a prolific writer, and a man of ideas. This is a challenging and provocative book."--Alan A. Stone, M.D., American Journal of Psychiatry "A major work that brings together in one volume a host of clinical insights into people with a variety of severe personality disorders. Anyone who has attempted to work with patients with severe personality disorders will be rewarding by studying this book."--Robert D. Gillman, Psychoanalytic Quarterly

Otto Kernberg is a towering figure in the field of psychoanalysis and has accomplished seminal work in object relations and the treatment of borderline and narcissistic patients. This volume collects his recent work in several areas: severe personality disorders, couples in conflict, and religious experience. In each area, he explores the relationship between the psychic, the neurobiologic, clinical psychiatric, and neurobiological approaches, yielding insights and analysis that are compelling, thought-provoking, and at times startling in their penetrating brilliance. In addition, the book addresses the challenges that psychoanalysis faces in the current medical environment, and the need to strengthen its ties with academic institutions. Beautifully written, the book is designed to both provoke questions and provide enlightenment on a variety of critical issues within psychotherapy. Specifically, the volume explores new approaches to diagnosis and new psychotherapeutic techniques to treat the most severe personality disorders, particularly severe narcissistic psychopathology, based on new research findings; relates psychoanalytic theory to neurobiological findings by illuminating the influences of neurobiological structures and intrapsychic conflicts on the development of the personality; examines the psychoanalytic and neurobiological underpinnings of sexual love, from the organization of brain structures and neurotransmitters to the overall systems of erotic activation, attachment and bonding. This systematic approach provides insight into the nature of passionate love and the psychodynamic features of the love relationship; addresses psychodynamic factors in the religious experience and the search for universal ethical values, and explores the crucial function of religious experience in dealing with the ideological challenges of social life; and identifies the serious problems facing psychoanalytic education, institutions, and the profession of psychoanalysis, and proposes solutions to energize the field and increase its contributions to scientific research and progress. In The Inseparable Nature of Love and Aggression: Clinical and Theoretical Perspectives, Kernberg demonstrates his belief that the collaboration of psychoanalysis and neurobiology has the potential to significantly advance our understanding of the human mind. The full spectrum of mental health clinicians, as well as educated general readers, will find this to be a work of creativity and substance.

The book describes principles of TFP intervention and contains a wealth of practical guidelines on how to apply TFP to individual patients on a session-by-session basis. This groundbreaking treatment manual focuses on the tasks of the therapist and the sequence of responses by the patient for each phase of treatment.

In this important new book, Dr. Otto F. Kernberg, one of the world’s foremost psychoanalysts, explores the role of aggression in severe personality disorders and in normal and perverse sexuality, integrating new developments in psychodynamic theory with findings from clinical work with severely depressed patients. The book also integrates Dr. Kernberg’s recent studies of the descriptive, structural, and psychodynamic features of problems stemming from pathological aggression with the vicissitudes of their psychoanalytic treatment. Finally, Dr. Kernberg demonstrates the importance of differential diagnosis for effective psychoanalytically inspired treatment of these disorders, providing a rich variety of clinical illustrations of the book begins by relating the dual-drift theory of libido and aggression to contemporary developments in affect theory. Dr. Kernberg then applies this general theory of affects to aggression, which in its pathological form centers on the affect of hatred. He analyzes sadomasochistic, hysterical-bysteroideal, and narcissistic-antisocial spectrums of personality disorders, emphasizing how aggression is structured in each group. Dr. Kernberg next describes and updates the theoretical frame underlying his approach to the treatment of these disorders, outlines their clinical manifestations, and illustrates their diagnosis and treatment, ranging from standard
psychoanalysis with infantile personalities, to psychoanalytic psychotherapy with borderline personalities, to the psychotherapeutic approach to the treatment of psychosis and hospital milieu treatment in the management of highly regressed patients. In the final section, Dr. Kernberg links the findings from psychoanalytic approaches to personality disorders with those from the psychoanalytic study of sexual perversions.

From the author of In the Freud Archives and The Journalist and the Murderer comes an intensive look at the practice of psychoanalysis through interviews with “Aaron Green,” a Freudian analyst in New York City. Malcolm is accessible and lucid in describing the history of psychoanalysis and its development in the United States. It provides rare insight into the contradictory world of psychoanalytic training and treatment and a foundation for our understanding of psychiatry and mental health. “Janet Malcolm has managed somehow to peer into the reticent, reclusive world of psychoanalysis and to report to us, with remarkable fidelity, what she has seen. When I began reading I thought, condescendingly, ‘She will get the facts right, and everything else wrong.’ She does get the facts right, but far more impressively, she has been able to capture and convey the claustrophobic atmosphere of the profession. Her book is journalism become art.” — Joseph Andelson, The New York Times Book Review

The basic text for the understanding of patients with pathological narcissism.

Transference-Focused Psychotherapy for Borderline Personality Disorder: A Clinical Guide presents a model of borderline personality disorder (BPD) and its treatment that is based on contemporary psychoanalytic object relations theory as developed by the leading thinker in the field, Otto Kernberg, M.D., who is also one of the authors of this insightful manual. The model is supported and enhanced by material on current phenomenological and neurobiological research and is grounded in real-world cases that deftly illustrate principles of intervention in ways that mental health professionals can use with their patients. The book first provides clinicians with a model of borderline pathology that is essential for expert assessment and treatment planning and then addresses the empirical underpinnings and specific therapeutic strategies of transference-focused psychotherapy (TFP). From the chapter on clinical assessment, the clinician learns how to select the type of treatment on the basis of the level of personality organization, the symptoms the patient experiences, and the areas of compromised functioning. In order to decide on the type of treatment, the clinician must examine the patient’s subjective experience (such as symptoms of anxiety or depression), observable behaviors (such as investments in relationships and deficits in functioning), and psychological structures (such as identity, defenses, and reality testing). Next, the clinician learns to establish the conditions of treatment through negotiating a verbal treatment contract or understanding with the patient. The contract defines the responsibilities of each of the participants and defines what the reality of the therapeutic relationship is. Techniques of treatment interventions and tactics to address particularly difficult clinical challenges are addressed next, equipping the therapist to employ the four primary techniques of TFP (interpretation, transference analysis, technical neutrality, and use of countertransference) and setting the stage for and guiding the proper use of those techniques within the individual session. What to expect in the course of long-term treatment to ameliorate symptoms and to effect personality change is covered, with sections on the early, middle, and late phases of treatment. This material prepares the clinician to deal with predictable phases, such as tests of the frame, impulsive containment, movement toward integration, episodes of regression, and termination. Finally, the text is accompanied by supremely instructive online videos that demonstrate a variety of clinical situations, helping the clinician with assessment and modeling critical therapeutic strategies. The book recognizes that each BPD patient presents a unique treatment challenge. Grounded in the latest research and rich with clinical insight, Transference-Focused Psychotherapy for Borderline Personality Disorder: A Clinical Guide will prove indispensable to mental health professionals seeking to provide thoughtful, effective care to these patients.

American social critics in the 1970s seized on narcissism as the sickness of the age. But they missed the psychoanalytic breakthrough that championed it as the wellspring of ambition, creativity, and empathy. Elizabeth Lunbeck’s history opens a new view on the central questions faced by the self struggling amid the crosscurrents of modernity.

Object Relations Theory and Clinical Psychoanalysis is a collection of Kernberg’s papers published or presented during the period from 1966 to 1975, with some new material included as well.

In Object Relations Theories and Psychopathology: A Comprehensive Text, Frank Summers provides thorough, lucid, and critically informed accounts of the work of major object relations theorists: Fairbairn, Guntrip, Klein, Winnicott, Kernberg, and Kohut. His expositions achieve distinction on two counts. First, the work of each object relations theorist is presented as a comprehensive whole, with separate sections expounding the theorist’s ideas and assumptions about metapsychology, development, psychopathology, and treatment, with a critical evaluation of the strengths and limitations of the theory in question. Second, the emphasis in each chapter is on issues of clinical understanding and technique. Making extensive use of case material provided by each of the theorists, he shows how each object relations theory yields specific clinical approaches to a variety of syndromes, and how these approaches entail specific modifications in clinical technique. Beyond his detailed attention to the theoretical and technical differences among object relations theories, Summers’ penultimate chapter discusses the similarities and differences of object relations and interpersonal theories. And his concluding chapter outlines a pragmatic object relations approach to development, psychopathology, and technique that combines elements of all object relations theories without opting for any single theory. Object Relations Theories and Psychopathology is that rare event in psychoanalytic publishing: a substantial, readable text that surveys a broad expanse of theoretical and clinical landscape with erudition, sympathy, and critical perspective. It will be essential reading for all analysts, psychologists, psychiatrists, and social workers who wish to familiarize themselves with object relations theories in general, sharpen their understanding of the work of specific object relations theorists, or enhance their ability to employ these theories in their clinical work.

This book integrates psychiatry and psychoanalysis to present deeper and sounder clinical profiles of the personality disorders than have been hitherto available.

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